

Everyone in the mud for the Spartan Race

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Italy has hosted again the Spartan Race and it took place in the Crossdromo Ciglione di Malpensa. It is one of the hardest and most followed races all over the world. A race made for the most prepared sportspeople, full of mud, obstacles, sections to overcome while lying on the ground, wooden bridges, and walls to climb.

A race of about 13 kilometres, and with a minimum of 21 obstacles, to be completed in a time that can vary from 60 to 180 minutes. The athletes were divided into categories; Spartan Junior for children aged between 4 to 13 years. From 16 years for the Spartan Sprint and 18 years for the Spartan Super. Then there were also the Spartan Girl and Spartan Lady.

To take part Saturday, 13th June, thousands of athletes and accompanying people came and have been accepted by the town of Cardano al Campo. The photos of the race speak for themselves: mud, fatigue, competition but also a lot of fun have made the event a success.

di [Translated by prof. Robert Clarke](#)